

Moravian Orienteering Club MTBO Weekend 25 – 27 June 2021

Moravian Orienteering Club welcomes you to glorious Moray for our mid-summer weekend of MTBO. Please read the following carefully so that everyone can have a safe and enjoyable weekend. The club has limited man power so we are not providing many of the elements of a larger event. You will experience limited help with parking, no taped route to the low key start, unmanned finish and limited results service. Please accept that more than these basics will be a bonus, as we have just 8 keen helpers. Our aim is to reward you with top quality terrain, brand new maps and fun high quality courses.

COVID19. You must read the club Covid guidance on the event details page of the [club website](#)

You must not attend if you are exhibiting one or more Covid-19 symptom or are in Covid-19 related quarantine or isolation even when accompanying someone else.

There is no entry on the day. Pre-entry only.

Competitors should maintain social distancing (2m+) at all times, unless with family/bubble members. Be particularly careful at download.

Use hand-gel before and after your ride.

Aim to arrive at an event as close as possible to your allocated start time.

Move quickly away from controls after you have punched – do not stand next to a control looking at your map to work out your route to the next control.

Please pay particular attention to the English and Scottish rules of travel between certain areas/towns.

Anyone taking part must follow Government Covid guidance to ensure the safety of themselves, other participants, event volunteers and the general public.

Safety

Please read the Moravian MTBO Safety Rules that provide an essential guide to the rules, map symbols and safety elements of MTBO. You must be familiar with the [MTBO Rules & Safety Guidelines](#)

A BOF risk assessment, Covid risk assessment and British Mountain Bike Orienteering (BMBO) risk assessment have been completed and will be available for inspection at registration.

Competitors must wear a BSI standard helmet and use a serviceable bike that must stay with them at all times. Appropriate cycle clothing is to be worn.

Mobile phone signal in the area is intermittent and an emergency mobile phone number is printed on the map.

Please note any relevant medical conditions on your SI entry, or email the organiser.

Ticks are present and can be picked up even when cycling. Please check for ticks after you have been orienteering. Ticks are very common and they spread [Lyme disease](#).

Some of the competition areas are popular with walkers (in particular Anagach and Sanquhar) and horse riders (especially near the Dava Way in Altyre). Please be courteous and give way to them as our access for future MTBO events relies on this. See [Safety Rule #6](#).

Parking

Please find your own way to the event car parks as there will be no sign posting.

Registration, Download and First Aid

Each event will have a registration area where you can pick up and return hired SIAC. If you are competing in other events this weekend please keep your SIAC dibber and hand it back in after your last race. Any lost SIACs will be charged at £65.

Model maps showing the route to the start will be available at registration. First Aid will also be available.

Start & Finish TAKE CARE ON THE PUBLIC ROADS TO THE START

The route to the start will not be sign posted.

Start times will be pre allocated and published on the [Moravian Club Website](#)

Please do not come to the start until 10 minutes before your start time to minimise the number of people at the start area and maintain social distancing.

The start sequence will be as follows:

- 4 minutes - call up (manned)
- 3 minutes - clear. (not manned)
- 2 minutes - check. (not manned)
- 1 minute - pick up map and attach to map board. (manned)
- 0 - CROSS START LINE & PUNCH START

The controls are SIAC enabled (range about 50cm). YOU MUST PUNCH THE START.

THE FINISH IS SI AIR ENABLED. Cross the line and move clear of the finish control quickly.

In the unlikely event that the SI air does not work the control may have gone to sleep. Please dib the control box and await a beep.

RIDERS MUST STAY ON MAPPED PATHS AND ROADS, CROSS COUNTRY RIDING IS NOT ALLOWED - except where indicated with the orange or black dot symbol on the map. [See point 21 in the rules and guidelines.](#) Your bike must remain with you at all times.

Download - It is essential that everyone returns to download even if you have not completed your course. Results will be posted on the Moravian website as soon after the event as possible. It may be possible to have live results available via the link on the [club website results page](#) (not Friday night) <https://mor.scot/results>. Championship results will be calculated as soon as possible after the race and published on the web. Due to Covid restrictions there will be no prize giving.

Anagach Woods, Grantown-on-Spey. British Middle Distance Championships Friday 25th June 2021

Car parking and Registration is at the car park, Burnfield Avenue, Grantown on Spey, PH26 3HL [what3words/validated.diggers.micro](#)

Campervans park in Church Avenue , 300m from registration (turn left by the memorial in The Square).

Overflow parking in The Square or South Street, or the primary school car park off South Street.

Public toilets are available in Grantown in the car park at the south end of High Street. (cost 50p)

There are 2 different starts about 800m from the car park along a public road. The start locations will be shown on the model map. T on the map is the public toilets (cost 50p?)

Download will be at the finish, near Start B/C. Courses close at 21.00

Map & Terrain

A course, 8.0km (11.8km optimum) Scale 1:7,500, 5m contour, size A4 (map flip/part 2 on back). START A TIMED-OUT ROAD CROSSING. For safety reasons after punching control 5, cross the road carefully and punch control 6. This leg time (1 minute maximum) will be removed from the results.

B course, 6.5km (9.2km optimum) & C course 4.4km, (6.2km optimum). Map scale 1:7,500, 5m contours, size A4. START B/C

Anagach is a natural Scots Pine wood with an intricate and well drained path network. The terrain consists of glacial sand and gravel ridges surrounded by extensive marsh. Hills are mostly short and sharp. The A course runs through a bike park with a one-way system. Tracks marked with a magenta chevron on the map should be treated as one way, all other tracks can be used in either direction even if on the ground signs state one way.

Organiser – Nikki Howard

Planner – Steve Smirthwaite

Sanquhar Woodlands, Forres. British Sprint Championships Saturday 26th June 2021

Parking, registration, model map pickup, download and first aid are at Forres Academy car park, Sanquhar Road, Forres. what3words.com/reservoir.exactly.acting

Public toilets are available in Grant Park, Forres. what3words.com/bulbs.ambushes.forwarded or Tesco's. The start is about 800m from the car park along a public road. The model map shows a route to the start and some warm up tracks along Sanquhar Loch. Download will be near registration. Courses close at 11.30

Map & Terrain

A course, 5.5km (6.6km optimum) Map scale 1:5,000, 5m contours. Size A4 (map flip/part 2 on back).
B course, 5.2km (5.9km optimum) Map scale 1:5,000, 5m contours. Size A4 (map flip/part 2 on back).
C course, 3.5km (5.5km optimum) Map scale 1:5,000, 5m contours. Size A4

Sanquhar has a mix of housing estate roads and woodland with an intricate and well drained path network. The terrain consists of glacial sand and gravel moraine surrounded by extensive marsh. Some hills are short but very steep.

All courses run through a bike park with a one-way system. Tracks marked with a magenta chevron on the map should be treated as one way, all other tracks can be used in either direction even if on the ground signs state one way.

Officials:

Organiser – Nikki Howard

Planner – Steve Smirthwaite

Altyre, Forres. Saturday 26th June 2021

Parking is at Forres Academy car park, Sanquhar Road, Forres. what3words.com/reservoir.exactly.acting
A model map showing the 2km route to Dallas Dhu will be provided after 10.30 at the sprint race. If you arrive late these maps will be left in the Forres Academy car park.

Registration, download and first aid is at Dallas Dhu Distillery, Mannachie Road, Forres IV36 2RR
what3words.com/shrubbery.splints.rewriting

Parking at Dallas Dhu Distillery is limited to event officials, helpers and families with children.

Public toilets are available in Forres. There are no toilets at the event.

There is 1 start and 2 different finishes. The start is about 100m from Dallas Dhu. The C course finish is about 100m from registration, The A & B course finish by the road about 600m south of Dallas Dhu. Return to Dallas Dhu to download. Courses close at 18.00

Map & Terrain

A course, 10.9km (16.3km optimum) Map scale 1:15,000, 5m contours. Size A3.
B course, 8.1km (12.4km optimum) Map scale 1:15,000, 5m contours. Size A3.
C course 5.7km, (7.5km optimum) Map scale 1:10,000, 5m contours, size A4.

Altyre Estate has a variety of mixed woodland and open fields with an intricate network of paths and tracks. There is some challenging single track over undulating moraine and some steep hills. The terrain rises about 100m from the north to the south.

The A course may encounter 2 fords – it is possible to cycle through these but take care. Also both the A & B courses have a potential route choice to a single-step stile over a fence. This requires the bike to be carried over and it is printed on the map in magenta as a crossing point. You may also encounter gates that should be open but in the unlikely event that one is closed please leave it closed after passing through.

TAKE CARE ON ESTATE ROADS. There are minor estate roads that are very quiet but are used by residents and farm vehicles.

Officials:

Organiser – Karen Fraser

Planner – Steve Smirthwaite mormtbo@gmail.com

Darnaway, Forres. British Long Distance Championships Sunday 27th June 2021

Parking is behind Conicavel village hall. what3words/afflicted.inhaled.dabbling

In Conicavel turn right by the post box. The route into the parking field is 50m along a private lane. Please respect local residents in Conicavel. On entering the car park you will receive the model map.

Registration, start, download and first aid is at the Conicavel sawmill about 200m east of the car park.

what3words/tins.bond.sofas

Public toilets are available in Forres. There are no toilets at the event. Please do not use public areas as a toilet.

The finish is about 200m south of the sawmill. Return to the sawmill to download. Courses close at 15.00

Map & Terrain

A course, 22.9km (36.2km optimum) Map scale 1:15,000, 5m contours. Size 30 x 51 cm

B course, 17.4km (27.1km optimum) Map scale 1:15,000, 5m contours. Size 30 x 51 cm

C course 7.9km, (8.4km optimum). Map scale 1:15,000, 5m contours, size A4

Darnaway is a commercial forest with a mix of beech and coniferous woodland. There is a complex labyrinth of roads, paths and tracks that cover a vast area and allow for multiple long legs with interesting route choices. The estate is very private and many paths are not used frequently. A small number of tracks have grass that is long but still rideable. There is 150m height difference across the area.

TAKE CARE ON ESTATE ROADS. There is a minor road through the area and also some small estate roads that are very quiet but are used by residents, horses and farm vehicles.

Both the A & B courses take a minor track along the edge of the ridge overlooking the River Findhorn.

There are spectacular views and a few steep drop offs. TAKE GREAT CARE. If you really want to admire the view come back to collect controls and for a warm down after your race.

Officials:

Organiser – Nikki Howard

Planner – Steve Smirthwaite mormtbo@gmail.com

BY TAKING PART IN THIS EVENT YOU AGREE TO THE FOLLOWING: 1. Registration information will be recorded on computer. 2. Photographs and / or name(s) may appear on our website or in the media. We will seek permission where this involves young people. 3. Competitors are responsible for their own Personal safety and for assessing their own abilities to complete the course. 4. Event results will be published on the Internet and sent to BMBO.