



## **Northern Night Cup - Findhorn Final Details**

### **General points to note:**

- Event centre is Findhorn Village Centre <https://w3w.co/fatherly.congested.formation> Toilets available at the centre but it is not available for clothing drop or socialising.
- Parking on street nearby, please ensure you park considerately
- Under 14s **MUST** be accompanied by an adult unless proven competence at night orienteering.
- Registration open at 1730, starts 1745-1845.
- Please respect other users of the forest and maintain 1m social distancing while on the course, at registration, the start and download.
- There are no changes to entries on the day. If you have a problem e.g have entered the wrong course, wrong dibber number then Registration will record it for adjustment post-event.
- **MAPS AND HIRED DIBBERS TO BE COLLECTED FROM REGISTRATION** (no maps available at the start).
- Hired dibbers should be left in the drop box at **DOWNLOAD** afterwards.
- **DOWNLOAD** will be a punch of the dibber in the download box until it beeps; there will be **NO splits/results/queries**.
- **SIAir is NOT enabled; you MUST PUNCH the controls**

### **Course Notes**

- Please choose a course that matches your ability and fitness and wear suitable footwear and full leg cover
- **SAFETY BEARING** is **SOUTH WEST** to the village. Please report to download if lost.
- **300m to START** along quiet road and tracks (taped route – please do not arrive at the start more than 5 minutes before your start time.
- **250m from the FINISH** to download.
- Take care on/near roads – you are advised to wear reflective clothing.
- Final course details: Long 5.2km, Short 3.5 km, Score – as long as you like. Map scale 1:5,000, 2.5m contours

### **Safety Notes**

- All participants take part at their own risk.
- You must carry a spare torch and are advised to carry a whistle.
- You **MUST** report to download by **the 8pm course close time**. It is 250m from Finish to assembly. Course closing time and organisers number written on the map
- Participants are advised to notify the organiser of any relevant medical conditions.
- By entering the event you have agreed to abide by the British Orienteering Federation Code of Conduct in respect of COVID-19 and should maintain social distancing even when out on the courses. Those with COVID-19, who are self-isolating or have COVID-19 symptoms, should not attend the event.