



Moravian Orienteers

## Darnaway Forest – 9<sup>th</sup> September 2023

Moravian Orienteers welcome you to beautiful Darnaway Forest for some excellent orienteering. The Assembly and Finish will be in the Darnaway Castle Walled Garden, where Club Tents are welcome.

### Please read safety information towards the end of these details

Well-behaved dogs are welcome in the Assembly Arena. However, please note there is a pheasant release pen at Whitemire Farm where the carparking for this event will be and a pheasant release pen and drive directly behind this farmyard where there is no access for dogs or humans!

NO dogs are allowed on any of the courses. Please ensure you pick up and take home any mess.

<p>Timings:</p>	<p><b>Registration</b> from 10:30 – 12:00  <b>Start Times</b> 11:00 - 13:00  <b>Courses Close at 15:00</b></p> <p>Start times will not be allocated in advance. However, please go to the Start during the Early, Middle or Late window you indicated in your entry if possible. You will then be given a start time by our team of volunteers.</p>
<p>Directions:</p>	<p>The event will be signed at a junction of the A96 and a minor road heading South (signed Whitemire and Conicavel). This junction lies 1km East from Brodie, grid reference: NH987573, what3words ///offerings.wheat.sonic</p> <p>Follow this minor road South to a junction and turn right, then turn first left after a km (signed Whitemire, Redstone and Conicavel). Continue along this road for another 2km and car parking is at Whitemire Farm on the left. You will be directed to an appropriate parking place by our volunteers. what3words ///reach.rising.rehearsed</p>
<p>Parking:</p>	<p>Moray Estate are kindly allowing us to park in Whitemire Farm where there is mainly hard standing for vehicles. See above for directions, what3words ///reach.rising.rehearsed</p> <p><b>There is a 1.5km walk from the car park to the Assembly arena</b> which is in the Darnaway Walled Garden, what3words ///elated.giants.newer.</p> <p>This walk is along quiet estate roads. All children must be accompanied by adults.</p>
<p>Assembly</p>	<p>Assembly, Registration and Download will be in the Walled Garden to the southwest of Darnaway Castle, what3words ///elated.giants.newer. Entry from the carparking will be through the North Entrance.</p> <p>There will be a large area for club tents in the Assembly arena.</p> <p>There will be a tent in the Assembly Arena where bags and clothes can be left while competing.</p>

Medical declaration	We strongly advise that everyone completes a Medical Declaration form available to download from our website or at Registration. Please complete a form if you would like the Organiser to know about a medical condition in the event of an emergency		
Map	All maps will be at 1:7,500 scale.		
Dibber collection:	SI dibber (SI Air enabled) punching on all courses. SI hire is free but please note there will be a charge of £40 for any lost hired dibbers.		
Map collection	White and Yellow maps <b>must</b> be collected from Registration		
Control descriptions	Loose control descriptions will be in the start lane for all courses.		
Start/Finish	Start is 550m from Assembly (through the West entrance.) The Finish is in the Assembly. <b>Please ensure you report to Download after your run, even if you don't complete your course, so we can confirm everyone is out of the forest.</b>		
Terrain:	Welcome to Darnaway for this Moravian Regional event, a fantastic area of soft and generally runnable terrain which we are sure you'll enjoy. All starts are close to the Arena. Around the start and finish is undulating beech forest which is a fantastic area of fast running; although some paths and tracks can be partially obscured by leaves. White, Yellow and Orange courses use a variety of well-defined tracks and paths. Longer courses visit some rougher terrain which impedes fast running. This includes areas of new tree growth, bracken (and other undergrowth) and broken ground. All TD4 and TD5 courses will encounter areas with wind-felled trees, some of which are significant, particularly on the longer courses. There are two out of bounds areas marked on the map, but not on the ground. One out of bounds area is close to the start and finish and contains the family cemetery which should be avoided as a mark of respect. The other area is in one of the clear-felled open areas, which is an active sand / pebble quarry. Only the Brown course goes near this quarry and is planned to avoid it. All machinery and workings should be avoided for safety reasons. While the ground should be generally soft and dry, take care on any wooden bridges which can be damp and extremely slippery - use the areas covered by chicken wire.		
Courses	<b>Colour</b>	<b>Length</b>	<b>Height gain</b>
	Brown	7.7km	220m
	Blue	5.9km	200m
	Green	3.8km	135m
	Light Green	3.1km	100m
	Orange	2.4km	70m
	Yellow	2.3km	50m
	White	1.5km	30m
Download	Download is located next to Registration at Assembly. <b>All competitors MUST report to Download even if they have not completed their course.</b> Failure to do so could result in a search for them being instigated. Please check that your children have also reported to Download.		
Refreshments:	Please bring your own water and refreshments.		

Toilets:	Chemical Toilets available in the Assembly arena.
Entry on the Day:	<p>Entry on the Day will be limited and is only available subject to map availability.</p> <p>Adults BOF/SOA on White to Lt Green - £8  Adults non-BOF/SOA on White to Lt Green - £9  Adults BOF/SOA on Green to Black - £15  Adults non-BOF/SOA on Green to Black - £17  Juniors BOF/SOA - £8  Juniors non-BOF/SOA - £9  Free Si Hire but £40 charge if you lose it.</p> <p><i>Please note that the information you provide when entering the event will be stored on computer and will be used solely for the purposes of the event. Event results will be published on the internet. By entering the event you are authorising the use of the information you provide in this way. Information will not be made available to parties not directly involved with the event other than as detailed above.</i></p>
Results:	Results will be available on the MOR web site shortly after the event. Live results should be available subject to phone reception.
Safety:	<p>Competitors take part at their own risk and are responsible for their own safety. Whistles should be carried. Six short blasts indicate a competitor in trouble, anyone hearing this signal is asked to offer assistance.</p> <p>Please note that Darnaway Forest is a popular venue for walkers, and cyclists. The area could have <b>ticks</b> which may cause Lyme Disease, if not promptly removed. Competitors are strongly advised to check themselves afterwards for ticks and remove them ASAP.</p> <p><b>First Aid</b> will be available at Assembly.  <b>Nearest A&amp;E hospital</b> – Dr Grays Hospital, Elgin</p> <p>ABOVE ALL, MOR hopes that everyone thoroughly enjoys themselves in this beautiful area.</p>
BIOSECURITY	Tree diseases and pests are posing an increasing threat to our forests and can be spread very quickly from forest to forest on muddy tyres, boots or paws. We believe everyone who loves spending time in the forest will want to help if they can to reduce the risk of spread of disease. Please clean all footwear, tyres and paws before your next trip into the forest.
Organisers: Planner: Controller:	<p>Morag McLuckie (<a href="mailto:moragmcluckie@yahoo.co.uk">moragmcluckie@yahoo.co.uk</a>) 07974 320106  Peter McLuckie 07813 948295  Ewart Scott</p>