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# Lady Culbin FINAL DETAILS

## Final Information for Lady Culbin SOL I 23<sup>rd</sup> March 2025

Moravian Orienteers are delighted to welcome you to the first Scottish Orienteering League event of the year at Lady Culbin on 23 March 2025, which is part of a double-header weekend with the Scottish Middle Championships hosted by INVOC at Dallaschyle  
<https://www.britishorienteering.org.uk/event?event=85245&bpage=0>

Lady Culbin is an orienteering delight: a vast expanse of sand dunes featuring terrain rich in complex contour detail, cloaked with pine forest of varying openness and runnability. Most of the map is white, although thinning operations (some recent) have left significant debris throughout the area, and there are small pockets of lower-visibility forest to catch the unwary. This Lady Culbin event will be based near Binsness House, allowing all courses to access the rarely-used north-eastern part of the map.

**Organiser:** David Ritchie (MOR) e:drhoneyhowe@gmail.com m: 07966 205983

**Planner:** Jon Hollingdale (JOK)

**Controller:** Lynne Walker (BASOC)

### Location and Directions:

**Near:** Forres, Moray

**Lat,Lng:** 57.647350, -3.627935

**OS Grid Ref:** NJ029630

**Google Maps:** Binsness House

**Postcode:** IV36 2SP (covers a very wide area)

**What3Words:** <https://w3w.co/flies.perfectly.surnames>

Open an interactive map in:

[Google Maps](#) [OpenStreetMap](#) [Bing maps](#) [AppleMaps](#)

**Parking:** near Binsness House, Kintessack IV36 2SP

### Directions for ALL vehicles:

#### **PLEASE FOLLOW THE SIGNPOSTED ROUTE FROM THE A96 TURNOFF NEAR THE RIVER FINDHORN BRIDGE**

**From Forres:** Follow the A96 west out of Forres. After approximately 1 mile/1.5km (just over the River Findhorn bridge) turn right, over the railway bridge then immediately right again onto an unclassified road.

**From Nairn:** Follow the A96 east out of Nairn. Approximately 2 miles/3km after Brodie Countryfare (just before the River Findhorn bridge) turn left, over the railway bridge then immediately right again onto an unclassified road.

**Then for ALL vehicles:** Continue on this road for 2 miles/3 km then fork right at the T-junction onto another unclassified road. Follow this road for approximately 1 mile/1.5 km to Wellside Farm. Then follow this estate track for 1 mile/1.75km to the parking field NOTE: THERE IS A 15MPH SPEED LIMIT ON THIS TRACK. **This route will be well signposted.**

**IMPORTANT: PLEASE BE COURTEOUS AND GIVE WAY TO ONCOMING TRAFFIC**

## Parking

Please adhere to signs and marshals' directions. All vehicles must be in the car park by 12:30 and no vehicles can leave before 12:30. There is loads of space. Campers etc and Cars will be directed to different zones.

If you have mobility issues then ask at the gate and you will be directed to an area of the car park as near the assembly area as possible.

A £3 per vehicle parking charge will be collected at the parking field (donated to charities and local farmer), **please have coins ready**.

## Minibuses and Coaches

If you are planning to bring a minibus or coach please contact the organiser David Ritchie drhoneyhowe@gmail.com or 07966 205983 to discuss arrangements.

## Event Assembly

The Assembly Area is immediately adjacent to the parking field and will have:

- Information/Enquiries tent and zone
- Toilets
- First Aid
- Un Petit Café coffee and cake wagon
- SCOTJOS Cake Stall
- Download Tent

## Finish

The Finish is 100m away.

## Information/Enquiries

In assembly and will be open from 10:00 -15:00. Look for the Moravian Banner:

- Collect hired si-cards
- Enter on the day - limited entry available for all courses. Numbers dependent on map availability. There is no guarantee of entry on the day.
- Collect Long Orange, Yellow and White course maps for pre-entered competitors
- String Course Information/Registration
- Key drop - keys can be left in an envelope (provided)
- Medical form envelopes point (envelopes and forms available)
- Collect/buy Lady Culbin Limited Edition Jigsaws
- Complaints and Protests
- Lost Property
- Feedback Forms
- View Start Lists
- Ask any other questions.

## Shadowing:

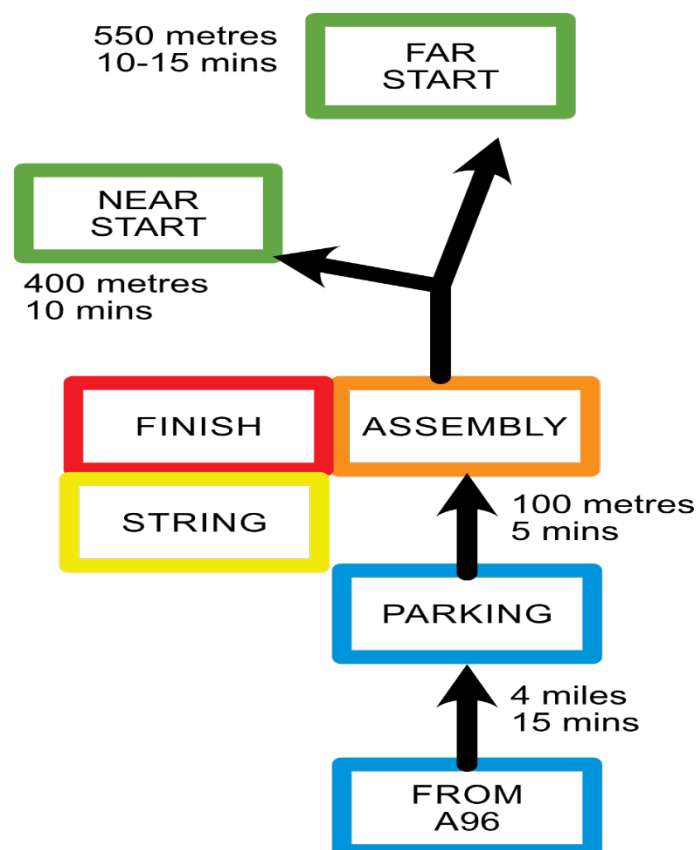
- Shadowing juniors on the White and Yellow courses is allowed. 'Shadowers' must have completed their own race before undertaking any shadowing.
- Adults are reminded they must declare if they are actually helping a Junior competitor as opposed to following. Assisted juniors are competitive in their colour course (e.g. white) but not in age class (e.g. W10B).

## Pairs:

- Entry from less experienced orienteers as pairs will be accepted on the easier technical courses (Light Green, Long Orange, Yellow and White).
- Pairs must share one map and one si-card.
- They will not be eligible for SOL league points.
- To enter as a pair, provide the details of one person and then select the pairs option.

## String Course

This Lady Culbin event will be offering the **Woody's Woodland Wanders** String Course located near the assembly field. The string course is free - just turn up and register. Small children must be accompanied. The area is a little rough and outdoor footwear is recommended. Access to the start of the string course is suitable for buggies.



# Entry on the Day

Limited entry after 16th March 2025 will be available for all courses **subject to map availability**. This limited entry can be made at the Information/Enquiries Tent 10:00 until 12:30.

## Cash or Card Payment Accepted

**EOD Entry fees** are in the table below.

	British Orienteering (BOF) Member	Scottish Orienteering (SOA) Member	Non Member
<b>Courses (Black, Brown, Short Brown, Blue, Short Blue, Green, Short Green and Very Short Green)</b>			
Seniors (26yrs and over)	£19	£20	£21
Juniors/Students/Young Adults (21-25yrs)	£11	£12	£13
<b>Courses (Light Green, Long Orange, Yellow and White)</b>			
Seniors (26yrs and over)	£9	£10	£11
Juniors/Students/Young Adults (21-25yrs)	£7	£8	£9

**Pairs:** additional £1 to single person entry fee.

**Start times 11:00 - 13:00** - available on SI Entries. Start times have been allocated for all courses. Competitors who miss their allocated start time must wait until the starter finds an available slot in line with competition rules.

## Map collection before going to the start

**White** (M/W10B) **Yellow** (M/W10A and M/W12B) and **Long Orange** (M21N) maps must be collected from Information/Enquiries Tent before going to the Start.

# Technical Information

## Starts:

The **Far Start** (Black, Browns, Blues and Greens) is located 600m from the entrance gate of the Assembly Area.

The **Near Start** (White, Yellow, Orange and Long Orange) is 450m from the entrance gate of the Assembly Area.

The route to the **Near** and **Far** Starts follow the same first 400m. The route is along easy paths and tracks and is almost flat.

## Timing system and control units:

SI timing will be used, with SI AIR activated. **Start and Finish must be punched.** If the SI Unit fails, then use the pin punches provided (maps have three boxes for pin punching).

## Finish:

There is a single finish which is 100m from the Assembly area which is immediately adjacent to the parking field.

**It is essential that all competitors visit the download tent as soon as possible (but most certainly by course closing time) whether or not they have finished their course.**

**All courses close at 15:00.**

## Clothing

Full leg and torso cover is mandatory for all. It is recommended that you also carry a whistle. If the Organiser has declared carrying or wearing of waterproof and windproof tops compulsory (through Final Details and/or notices in Assembly Area) you must follow this requirement.

## Map

Original survey & cartography by Jon Hollingdale, 2022/3 (updated 2024/5) using Scottish Public Sector LiDAR data made available under the Open Government Licence v3. Map Specification ISOM 2017-2 (revision 6, January 2024).

The map is drawn at 1:10,000, using 1:15,000 symbol dimensions.

The contour interval is 2.5m.

Maps will be printed on semi-waterproof paper (Pretex) with control descriptions on the front. Loose control descriptions will be available in the start boxes.

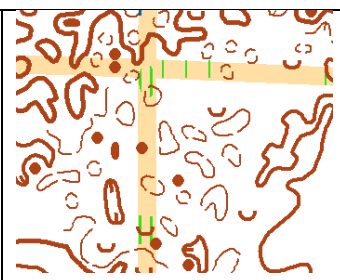
Maps for Black – Very Short Green Courses (Courses 1-8) will **NOT** have a legend. Maps for Light Green – White Courses (courses 9-13) will have a legend.

**Yellow** and **White** Courses have both pictorial and textual control descriptions. **Long Orange** Course has textual control descriptions only. All other courses have pictorial descriptions only

## Terrain and mapping notes

Culbin was largely planted in rectangular blocks: where the unplanted rides between blocks are still obvious they are shown with a thick yellow line.

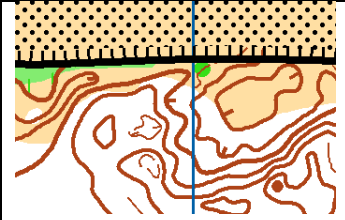
Many shallow (<1m) knolls are mapped using small form line shapes (<1.1mm long); larger/steeper knolls use “small knoll” symbol 109 or “small elongated knoll” symbol 110.



Harvesting operations (some very recent) have left a covering of brash across much of the forest and generated many thinning and extraction lanes. These are not mapped in white forest but are shown with a white line in otherwise green forest.

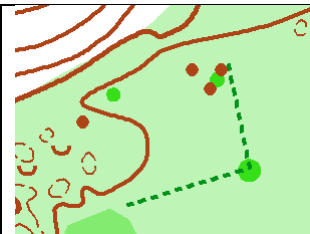


Ongoing coastal erosion has produced steep and sometimes overhanging sand “cliffs” where access to and from the beach can be challenging (see picture below). These are mapped with symbol 201 “impassable cliff”.



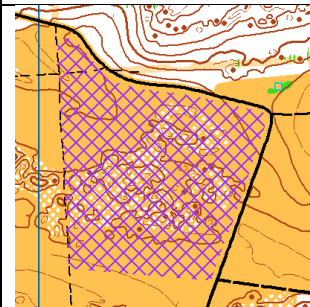
Distinct vegetation boundaries between areas of the same colour are mapped using the dashed green line version of symbol 416.

Some mapped rhododendron bushes have been defoliated by chemical treatment but remain prominent in the terrain.



There is a large, clearfelled block in the competition area, the central portion of which is mapped with symbol 709 (purple cross-hatching) and is strictly out-of-bounds to all competitors. Competitors are permitted to use the forest road along the eastern and northern edge of the out of bounds area.

Courses have been planned to ensure there is no reason for competitors to cross or enter the out of bounds area.



Temporary forest management features, such as timber stacks, brash heaps and piles of stone for road repairs, and small dens and hides have not been mapped.

Some of the competition area was used for Day 4 of the 2023 Scottish 6 Days:

<https://www.scottish6days.routegadget.co.uk/rg2/#70&course=36>

Maps and courses for older events in Culbin can be found on the Moravian Routegadget:

<https://www.moravian.routegadget.co.uk/rg2/>

Anyone wishing to remain competitive for the event must respect the embargo:

<https://www.google.com/maps/d/viewer?mid=I4n0RYytKWpqWveh3BdxqRfLd7Us0nJg>

# Course details

Course Number	Course Colour	SOL Classes	Start	Map Scale	Map Size	Length	Height Gain	Controls
1	Black	M-E, M2I	Far	1:10,000	A3	12.7km	230m	22
2	Brown	M20, M35, M40, W-E, W2I	Far	1:10,000	A3	10.9km	190m	19
3	Short Brown	M18, M45, M50, M2IS, W20, W35	Far	1:7,500	A3*	8.9km	150m	18
4	Blue	M16, M20S, M55, M60, M35S, M40S, W18, W2IS, W40, W45	Far	1:7,500	A3	7.1km	120m	17
5	Short Blue	M18S, M65, M45S, M50S, M55S, M70, W16, W20S, W35S, W50, W55	Far	1:7,500	A3	5.7km	90m	15
6	Green	M16S, M75, M60S, W16S, W18S, W60, W65, W40S, W45S	Far	1:7,500	A3	5.0km	80m	14
7	Short Green	M80, M65S, W70, W50S, W55S	Far	1:7,500	A3	4.3km	70m	12
8	Very Short Green	M85, M90, M70S, M75S, W75, W80, W85, W90, W60S, W65S, W70S	Far	1:7,500	A3	3.6km	60m	11
9	Light Green	M14, M16B, W14, W16B	Far	1:7,500	A4	3.6km	50m	12
10	Long Orange	M2IN	Near	1:7,500	A3	5.0km	80m	12
11	Orange	M12, M14B, W12, W14B, W2IN	Near	1:7,500	A4	2.9km	45m	8
12	Yellow	M10, M12B, W10, W12B	Near	1:7,500	A4	2.4km	20m	10
13	White	M10B, W10B	Near	1:7,500	A4	2.0km	10m	13

\*Course 3 Short Brown will have a double-sided map.

The new symbol 715 is used to show the continuation of the course on part 2. The control number is shown on both parts of the map.



## Start Procedure

- **Collect White, Yellow and Long Orange maps from the Information/Enquiries tent.**
- It is competitors' responsibility to start at their allocated times; there will be a name call-up and the minus 4 clock will be prominently displayed with times. Latecomers and helpers should speak to an official at the start who will make every effort to find a suitable slot>
- Remember to clear and check (SIAC test also available) **before** entering the minus 4 box.
- At call up you will be asked to dib a check box.
- Minus 3 is one box with loose control descriptions.
- Minus 2 is one box with blank maps. Note there may be different scale maps depending on which courses are at this start.
- Minus 1 is one box. There may be safety information/reminder given. At 10 seconds to go you may step over the line then go on the long beep. Remember to punch the start unit and to pick up the map for your course from the appropriate box.

## General Information:

### Rubbish

Please take all rubbish away with you.

### Dogs

Dogs are permitted in the Parking Area and Assembly Area provided they are under control, on a lead and cleared up after. Dogs are not permitted in the competition area.

### Photography

There may be photographers in the area. If you do not want your photograph published please speak to the officials in the Information/Enquiries tent. If you have concerns regarding inappropriate or intrusive photography please report it to the organiser.

### General Health Information

Accident and Emergency: Dr Gray's Hospital, Elgin, IV30 1SN For non-emergencies you can contact NHS24 (dial 111) or visit [www.nhsinform.scot](http://www.nhsinform.scot) for details of GP practices, pharmacies etc. in the local area. Ticks are common in the competition area. Check carefully after and remove any ticks with a suitable removal tool. Lyme disease does occur in the area: if you develop a rash at the site of a bite, we advise you to seek medical advice. E-coli O157 may be found where farm animals have been grazing in fields used for Parking and the Finish run-in. We recommend that you wash your hands thoroughly before eating. COVID19: People suffering from Covid or isolating must not attend events or activities to protect others.

### Water

Avoid dehydration: If the weather is hot, drink plenty of fluids. Please bring your own water. Please avoid taking disposable water bottles to any of the start locations.

### Safety:

Competitors take part at their own risk. You may encounter walkers, dogs, cyclists and possibly even horses whilst on your course. Please take care and be considerate of these other users.

- All of the usual hazards encountered in a forest are likely to be encountered.
- +
- Forestry Harvesting Vehicles      Be aware that there may be vehicles operating
- Log Piles      Follow all signs and notices
- Ticks      Follow NHS advice

<https://publichealthscotland.scot/news/2023/april/tick-awareness/>



### **Complaints, Protests and Appeals**

Complaints should be made to the Organiser either orally or in writing via the standard Complaints/Protests form available from Information/Enquiries tent up to 3.00pm on the day of the competition.

There is no fee for a complaint. The Day Organiser is the adjudicator of a complaint. A protest can be made against the Organiser's decision, in writing to the Controller.

Protests and appeals will be handled under the current British Orienteering Rules.